

FRESHMAN YEAR CHECKLIST

FALL

- Attend freshman orientation
- Build a flexible schedule allowing for study time, activities, and other interests.
- Get involved! Extracurriculars are a great way to connect and stay motivated.
- Set goals for the year
- Get to know your counselor - the more they know you, the more they can help :)

WINTER

- Prepare for exams - this is something new for you
- Take assessments to explore career options and interests
- Reflect on school year - what is going well? what do you need to work on? who can help you?
- Explore classes for next year and beyond!
- Research plans after high school - college, workforce, military
- Reflect on your goal progress for the year

SPRING

- Attend Freshman PEP Talk
- Continue diving into post secondary plans - find schools, careers, and pathways of interest
- Explore summer opportunities (camps, leadership seminars) or even summer jobs
- Finish school year STRONG - you can do it! Summer is right around the corner.